

Philip Bagnall and Brooke Babich t/as

Body Benefit Personal Training

RISK WARNING INDEMNITY AND RELEASE

All persons seeking membership of Body Benefit 'Fit-Camp' or IF NOT A MEMBER and participating in a SANCTIONED Body Benefit event must complete this document.

I understand that whilst participating in the activities of the Body Benefit fitness fat loss camp (hereinafter known as 'Fit-Camp') I may be on water and land. I am required to be a competent swimmer if I am to participate in water activities and I also understand Fit-Camp activities are strenuous and carry an inherent risk of physical injury, including serious injury such as permanent disability, paralysis and even death and in understanding such activities as permanent disability, paralysis and even death and in undertaking such activities I do so at my own risk.

I am also aware that it is a condition of my participation in Fit-Camp that the owner(s) of Body Benefit, its employees, volunteers, instructors or members, are absolved from all liability howsoever arising from injury, loss or damage howsoever caused (whether fatal or otherwise) arising out of my participation in an event or in training, instruction or carriage in any vessel or equipment being used for or in connection with Fit-Camp or in any way whatsoever due to any negligent act, breach of duty, default and/or omission on the part of the owner(s) of Body Benefit, their respective officers, employees, volunteers, instructors or members.

I am also aware that any person participating in training, or being involved with any equipment being used for or in connection with 'Fit-Camp' or participating in any activity carried out by Body Benefit, is only allowed to do so on the distinct understanding that they do so at their own risk.

This agreement shall be binding upon and inure to the benefit of the parties, their successors, administrators, assigns and personal representatives.

In consideration of being allowed to participate in the activities of Body Benefit, which included training for and participating in activities,

I, _____ (please print FULL NAME)

of _____ phone _____

do HEREBY ACKNOWLEDGE that I have read and understood the warning and indemnity above and agree to release and forever hold harmless from any liability, suit or action howsoever arising the owner(s) of Body Benefit, and their respective officers, employees, representatives, agents, volunteers, instructors or members, in the event of my injury and/or death, loss or damage.

Signed: _____

Witness Signed: _____

Dated: _____

Name: _____
(please print)